The Record of Ippen: Verse in Japanese

TRANSLATED BY DENNIS HIROTA

HYMN OF THE SPECIAL VOW OF AMIDA (Beisugan wasan)

Search into vourself: a bubble on the stream— Once dying away nothing's left of a man. Ponder your life, and it's shimmer of the moon— Unstaying through rise and fall of each fleeting breath. Though we cherish our forms in the good paths Of men and devas, none can keep them. The suffering in heil, as famished ghosts, as beasts, We all abhor, yet easily take on again. Of the various shapes before our eyes— When we go blind, no form or color appears. As for the words that assail our ears— Once deaf, no voice can be heard. The smelling of fragrances, the tasting of tastes, Are for but a brief span. When breath's manipulations have come to a halt, No functioning remains to this self. From far, far in the distant past, Down to this day, this very instant, Those things we have most longed for

Have not been attained, and we sorrow.

^{*} This installment of the *Ippen Shōnin goroku* includes Ippen's two surviving pieces in wasan form and a selection of half of his waka. The wasan form—twelve syllable lines in four-line stanzas—has been widely used in Buddhist worship since the Heian period and particularly valued in Jishū, as evidenced by the number of old commentaries on the first of Ippen's wasan and the many examples of the form by later Jishū masters. The translation follows the text in Ōhashi Shunnō, ed., *Hōnen*, *Ippen*, Nihon Shisō Taikei 10 (Tokyo: Iwanami-shoten, 1971).

Some have thoroughly grasped the dharma-gates Of the Path of Sages and Birth in the Pure Land,

But their delusional, samsaric thinking unbroken,

It all turns to karma for more transmigration.

With minds that have deviated completely from the truth

Of the nondiscrimination of good and evil,

We consider wrong and right to be one:

This insight is darkness; how shameful it is!

"Blind passions are in themselves enlightenment"—

But hearing this, we only go on committing evil;

Though we say "Samsara as such is nirvana,"

Dearly do we cherish this life.

Buddha's dharma-body (hosshin) of original, fundamental purity

Is the ever-abiding Buddha of thusness;

But since there is neither illusion nor enlightenment,

Knowing and not knowing are both useless.

His recompense body (hōjin), perfectly furnished with a myriad practices,

Is Buddha of the fusion of dharmic reason and wisdom;

Since there's no duality of sphere of reason and wisdom,

It's useless to think on him or utter his name.

His assumed body (öjin), which severs all evil and practices good,

Is Buddha who treats the sick according to their conditions;

For evil people of the ten transgressions and five damning acts,

It's useless to their emancipation without regard to condition.

But the recompense body of the Name, the fulfilled cause of birth,

Is Buddha that brings the foolish being to emancipation;

His is the Vow to save all beings of the ten quarters,

So there's no lapse of allowing even one to slip by.

The Name of Amida's unique and all-surpassing Vow

Embodies the inconceivable working of Other Power,

So when a person just says this Name, leaving everything to his lips,

In that voicing all his evil in birth-and-death vanishes.

Beyond the single thought-instant of nembutsu at the start

There are no final ten utterances at death;

Rather, start is made in adding thought-instant on thought-instant,

And the thought-instant reaching its limit is the end.

Once our delusional thinking has completely ceased,

There is neither start nor finish, beginning nor end;

In the oneness of Buddha and sentient being
Lies the true saying of Namu-amida-butsu.

Quickly cast off your myriad entanglements,
And single-heartedly entrusting yourself to Amida,
Let your breath be spent in Namu-amida-butsu:
This is the finish of our delusional thought.

At that moment, from the realm of Ultimate Bliss,
Amida, Avalokitesvara, and Mahasthamaprapta,
With a host of the saintly, countless as sands of the Ganges,
Manifest themselves before the practicer;
All together they grant him their hands,
Welcoming him and drawing him along.

Immediately he mounts a golden lotus dais And, following after the Buddha, In a moment's passage Into the Pure Land of Peace he is born. Descending from the lotus dais, the practicer Casts his whole body to the ground and pays homage. Then led by the bodhisattvas, At last he is brought into the Buddha's presence. To the great jewel palace hall he makes his way To hear the Buddha preach the Dharma. Climbing the jewel tree tower, Out in the distance he sees the other worlds; Having reached the Realm of Peace, He returns to defiled lands to save all beings: Thus the Vow of compassion knows no bounds; For long ages he will return with gratitude Amida's care.

¹ The text of Betsugan wasan as it appears in Hijiri-e scroll 9 and an Edo period commentary ends here. The final sixteen-line section appears in manuscript by 1599 and was probably added during the Muromachi period, though when and by whom is unknown. It has been argued that this final section, apparently appended to elaborate the popular concept of Amida's coming (rinjū raikō), is stylistically flawed and internally inconsistent, and therefore probably was not by Ippen; and that it shows the influence of wasan by Genshin, from which the first four lines were borrowed (Taya Raishun, Wasan shi gaisetsu, Kyoto, 1933).

A GIST IN TELLING WORDS (Hyaku rikugo)

While transmigrating through the six paths

There's no one for company;

Alone we are born, alone we die:

Full of sorrow this road of birth-and-death.

Whether Summit Heaven above clouds

Or deepest Avici hell below,

There's no niche that we have not reached

In accord with karma of good and evil.

But it's rare for us to obtain birth

In the good realms of men and devas-

Always making the three evil paths

Our abode, and never emerging.

In Black Ropes or the Hell of Throngs, we scorch to the bone;

On Bristling Sword Mountain, in Bladed Trees, our livers are rent;

Turning into famished ghosts, we hunger for food;

And grievous recompense too the stupidity of beasts.

When this self that suffers such pain and affliction

Escapes for a little from the three evil paths

And chances to take on human form,

Why then do we not renounce birth-and-death?

Although we become men in form,

Our worldly desires know no end;

As for our suffering in body and mind,

Our emergence from hell is of no avail.

A lust for things at the heart's roots

Is no different from karmic recompense as a famished ghost;

To vie in harboring malicious intent

Is precisely the life of beasts.

The self that, conjuring up such delusive thoughts,

Hastens on, anxious that already dawn's come, or now dusk,

Is bound by the chains of the five appetites

And does not quit this Burning House—how miserable it is!

Though we see out a thousand autumns, a myriad years,

The interval is still but a lightning flash;

Sun and moon undetained in their course,

Presently death's hour arrives.

The sufferings of birth, old age, sickness, and death

Make exception of no man;

Indiscriminately they come to noble and common, high and low; Neither poor nor rich have escape.

As long as the glistening dew of life abides,

One must polish its jeweled abode, the flourishing body;

But the winds of impermanence blowing just once,

And the form, life's flower, is dispersed.

Assuming the hundred thousand myriad things of this world—

From father, mother, wife, and child

To treasured possessions and dwelling—

Exist as they are solely for your own sake,

You cherish yourself with tender care.

But when the time comes for soul to depart alone,

Casting aside even your body—

Who will see you off down the Dark Path?

Though family and relatives gather

And, wailing aloud, cling to the corpse,

Drawn along by your karma you go wandering in delusion:

Hard is it to awaken from the dream of birth-and-death!

But once hearing these truths,

We are no longer attached to body, life, and possessions;

Casting away completely the realm of delusional thoughts,

We become a person standing alone.

In the space of vast kalpas and countless lives,

Every being has been our mother and father;

We should take all sentient beings as companions, then,

And quickly attain the Pure Land.

To reach the borders of the Uncreated,

Just abandon—this is the true response of gratitude.

Give away to sentient beings everywhere

The nembutsu emerging from your lips,

And though nowhere do you have a settled abode

Of which to think, "This is my permanent dwelling,"

Since, after all, houses abound,

You'll never be drenched by the rains.

In sheltering bodily existence a while,

The owner and you are one:

When, in the end, a person abandons it and goes,

What does being owner amount to?

Realizing that from the outset the world's a house in flames,

We do not clamor to see it consumed by fire;

And although we observe much that is ruined and worn,

We've no will at all to make repairs.

Where a single mat is spread out,

There's no feeling of confinement;

Rising and retiring in utterance of the Name

Is the abode where no delusive thoughts arise.

The halls for nembutsu practice are all superfluous;

The Name, Namu-amida-butsu, that I keep

Whether walking, standing, sitting, or lying,

Is my altarpiece—one far too precious for me.

Being indisposed toward desire for gain,

I've no wish to collect donations as a wandering monk;

Not apart from the five kinds of impurity,

I have vowed not to preach the Dharma.

With aversion for sect superiors and their pomp,

I do not want monk disciples;

Never in search of lay supporters,

I have no flattery for anyone.

In the brief span this body exists,

Clothing and food are of course indispensable;

But taking them to be fruits of former lives,

I don't endeavor to obtain them at all.

I do not wander about to beg, expending many words,

Nor flatter, nor seek, nor express desires,

And still, after all, people give me alms—

Just that bit to sustain my life.

If I end up unprovided with even that,

Then assuredly I will starve to death.

Dying, I will be born in the Pure Land,

Where there will be wondrous sustenance.

Since I have no taste for worldly success,

My garments are always random;

Leaving it to others to clothe me as they will, I root myself in care-lessness.

Padded robe, thin hemp, or paper garb,

An old straw mat as a scrap of raincloak—Since it's only to stave off the chill,

I count on what there is to cover myself.

The food to support my life

Is what I happen on, just as it is;

Since I am not one to lament my death,

There is nothing I shun as a cause of disease;

Nor am I one to be pained by weakness,

So I desire nothing for the sake of strength;

And since I give no thought to a hue of vitality,

I'm never concerned about relishing tastes.

Both the good and the evil that I do

Are karma for transmigration in birth-and-death;

Hence, in all the three realms and six paths,

There is nothing at all that I envy.

When we recite Namu-amida-butsu,

Taking refuge in Amida Buddha,

We are illumined by the light that grasps each being,

And ours becomes true service to Amida.

From that moment, Avalokitesvara and Mahasthamaprapta are our excellent companions:

Why should we seek fellow practicers?

When all Buddhas bestow their protection,

We need have no fear of unforeseen dangers.

Even to know these truths

Is solely by virtue of the Buddha's benevolence:

When we realize this, joy awakens within us,

And more and more the nembutsu rises to our lips.

If not for the sake of all sentient beings,

There's no point in my wandering through this world.

One year I made a pilgrimage to the Kumano shrine;

While worshiping at the Hall of Witness,

I received a miraculous revelation in a dream,

And I pass my life trusting in what it said-

Not counting on it for my own afterlife:

It's for the benefit of all universally.

Yet, for those who entrust themselves to me,

That's filled with impurity and in the end

To be discarded as dirt, how can there be any benefit?

And those who slander me surely commit no evil.

But with the Name that we utter with our lips:

Through its virtues that surpass conceivability,

All those within the borders of perception and conception

Will waken from the dream of birth-and-death;

It benefits both those who entrust to it and those who slander.

The Name that embodies Other Power beyond conception

Is indeed the body of practice existing fundamentally, without beginning:

Do not think you practice it now for the first time.

Buddha-nature is One originally,

Without distinction of illusion and enlightenment,

But chancing to stir up delusional thoughts,

We imagine ourselves in illusion—how preposterous!

The Primal Vow of Amida Buddha, though,

Is given to sentient beings entangled in illusion;

It is for the sake of the foolish and ignorant,

So neither wisdom nor eloquence is required;

Nor is almsgiving or the observing of precepts:

The transgressions of monks need not bring despair.

Since those of meditative and non-meditative practices are both embraced,

Nothing obstructs us, whether walking, standing, sitting, or lying;

There is no discrimination of good and evil,

So the man of evil karma is not abandoned.

Since none of the various good practices brings about birth,

I don't strive to accumulate roots of good.

Not toying with my manner to make it attractive,

There's no adorning myself for the eyes of others.

Not relying on my mind and its calculation,

Even desire for enlightenment has died away.

The Name of the Buddha of Immeasurable Life.

Which lies beyond the light and wisdom of the Buddhas,

Is not a dharma of illusion-and-enlightenment;

Hence Amida is praised as the Buddha of Unfathomable Light.

In the moment of entrusting to this dharma,

There is no separation between Buddha and sentient being;

The three modes of action of each are never apart from the other;

Hence Amida is called the Buddha of Unimpeded Light.

Bringing all calculative thinking to a halt,

Reverently entrust yourself to the Buddha;

And to the limit of breath's passage in and out,

Utter Namu-amida-butsu.

On seeing people amusing themselves, playing wind and string instruments in a nembutu $d\bar{o}j\bar{o}$ (hall for practice):²

Tsu no kuni ya nani wa mo nori no koto no ha wa ashikarikeri to omoishiru beshi

That all you may do
is the Dharma—
word-leaves that reveal it—
is, you must see, hollow
truth for you:

even in Tsu, at Naniwa of the reeds.

ato mo naki kumo ni arasou kokoro koso nakanaka tsuki no sawari to wa nare The mind struggling to defeat this cloud cover of no substance obscures instead the light of the moon.

At Onodera in Shimotsuke province, on seeing the nuns all remove their surplices (kesa) and so on in a sudden downpour:

fureba nure nurureba kawaku sode no ue o ame tote itou hito zo hakanaki

Sleeves get wet when there's rain and once wet

they dry—
So bent to no purpose
the one
who recoils from this rain.

² The instruments mentioned were used in worship. Ippen was probably admonishing against the singing of popular songs with Buddhist messages, and may have based his poem on the following by the yūjo ("play girl") Miyagi, included in the Goshūishū: "And what / is not the Dharma? / Even to play and sport— / Thus I've heard it said / in Tsu, at Naniwa." Naniwa (played on to mean nani wa mo, "anything whatever"), on Osaka Bay, was famed for its reeds (ashi, homophonous with "evil") and often appears in literature associated with the cutting of reeds (ashikari, "evil").

When he performed a service at the grave of his grandfather Michinobu:

hakanashi ya shibashi kabane no kuchinu hodo nohara no tsuchi wa yoso ni miekeri This vanity!
For the little while
that corpse is undecayed,
earth of the meadow
appears
to be something other.

mi o sutsuru sutsuru kokoro o sutetsureba omoi naki yo ni sumizome no sode Having cast body away,
and cast away the mind
that had cast away,
I dwell in a world free of thought,
and, mind clear,
in these sleeves of monk's black.

In answer to people who asked about purple clouds forming and flowers falling from the sky:3

sakeba saki chiru wa onore to chiru hana no kotowari ni koso mi wa narinikeri Blossoms flower when they flower, fall of themselves when they fall:

and in its fruition,
my life's become

hana wa iro tsuki wa hikari to nagamureba kokoro wa mono o omowazarikeri Blossoms are their hues,
the moon its light:
Gazing and seeing them just so,
the mind ceases
its pensive thinking of things.

this same Dharma-truth.

³ Hijiri-e 6 records this incident, when purple clouds and flowers falling from the sky—usually regarded as auspicious signs of Amida's coming for one at the time of death—appeared where Ippen was staying. Ippen answered those who questioned him, "About the flowers, go to the flowers; of purple clouds, ask the purple clouds: I do not know." Mi (body, self) is associated with its homophone meaning "fruit."

Once, while passing through a moor, he came upon a large number of human skeletons:

kawa ni koso otoko onna no iro mo are hone ni wa kawaru hito kata mo nashi In the skin appear the hues of man and woman.
In bone,
not even a distinguishing human mark remains.

To a man who said that to dance while reciting the Name was scandalous:

haneba hane
odoraba odore
haru koma no
nori no michi oba
shiru hito zo shiru

If he leaps, let him leap!
if he dances, let him dance—
a spring colt riding the road:
The Way
is known
to him who knows.

The man responded: "If he were one/ who had mounted and quieted/ his heart's colt,/ surely he would not/ dance and leap thus." Ippen answered:

tomo hane yo kakute mo odore kokoro-goma Mida no mi-nori to kiku zo ureshiki But leap still!
And yet dance!
My heart's colt—
joyful to hear
it's the teaching of Amida.

kokoro yori kokoro o en to kokoroete kokoro ni mayou kokoro narikeri

Set your mind to grasp the mind with the mind and yours is a mind at a loss for the mind.

suteyarade kokoro to yo oba nagekikeri no ni mo yama ni mo sumarekeru mi o For not abandoning himself, a person that might live in the moors or the mountains lies, of his own choice, in lament of this world.

kokoro oba
ikanaru mono to
shiranedomo
na o tonaureba
hotoke ni zo naru

Though not knowing the mind as what it is, Just say the Name, and you become Buddha.

oshimu na yo mayou kokoro no Oe yama Iku no no tsuyu to kie yasuki mi o Cherish no attachments
to your self,
your mind a mountain
of delusive thoughts high as Oe:
It will vanish like the dew
off the far fields of Iku.4

kokoro kara
nagaruru mizu o
sekitomete
onore to fuchi ni
mi o shizumekeri

Seeking to dam the waters
that drain from the heart,
of yourself,
in deep pools
you have submerged yourself.

kokoro oba kokoro no ada to kokoroete kokoro no naki o kokoro to wa seyo Grasping that the mind is adversary to the mind, realize no-mind as your own mind.

⁴ Mount Ōc (ōi, "much," "many") was often associated in verse with Iku ("to go") moor, through which the road to Mount Ōc passed.

tonikaku ni kokoro wa mayou mono nareba namu-amida-butsu zo nishi e yuku michi Heart and mind waver
in confusion
this way and that:
Only Namu-amida-butsu
is the path
to the West.

nembutsu ni mo ono ga kokoro o hikasureba mi o seme tama no tsuyu to shirazu ya Let your calculating mind be drawn even into utterance of the nembutsu, and you'll be tormented by your rosary, it beads turned thus into dew.

Shinnen Shonin of Yokawa on Mount Hiei wrote in a letter: "As heart's waters/ run clear or turbid,/ variously,/ so they reflect and do not reflect/ luminous clouds of Amida's coming." In response:

sumi sumanu kokoro wa mizu no awa nareba kietaru iro ya murasaki no kumo The heart,
whether clear or confused,
is but froth on the stream:
the very hue
of its vanishing
is those purple clouds.

In a letter to Shinnen, Ippen writes: "Further, does not the matter of purple clouds and heavenly flowers—these being auspicious signs of the saying of the Name that surpasses conception—lie beyond the measure and calculation of foolish beings? We must, exhausting our foolish minds, well discern those flowers also." See "The Record of Ippen: Letters," EB Vol. XI, No. 1 (May 1978), p. 62.

Attached to a reply to an Imperial consort, the younger sister of Lord Saionji:⁶

hotoke koso inochi to mi to no aruji nare waga ware naranu kokoro furumai It is Amida who is master of my life and body— acting freely in all acts of my mind that is not my mind.

After coming to see Ippen in order to secure his bonds with the nembutsu, the lay-priest Tsuchimikado, former minister of the Imperial household, sent a verse: "Although I hear faintly/ a single call/ of the hototogisu,/ still I do not waken/ from my dozing dream." In response:

hototogisu
nanoru mo kiku mo
utatane no
yume utsutsu yori
hoka no hitokoe

The call of the hototogisu and the hearing of it are both nodding dream: beyond this sleep of dream and reality is the solitary voicing.

In response to a poem from the abbot's quarters of Renkō-in temple: "There's nothing/ you should await expectantly,/ thinking it real:/ Did you truly see what was seen/ in yesterday's dream?":

utsutsu tote machiete mireba yume to naru kinō ni kyō na omoiawase so When you look, thinking real what was hoped for and gained, it turns into dream:

Permit no contrast in your mind—today against yesterday.

⁶ Probably the letter translated in "The Record of Ippen: Letters," p. 57.

⁷ See "The Record of Ippen: Letters," p. 58.

^a The hototogisu (cuckoo), a bird of summer, was associated with the realm of the dead, perhaps because of its call, which resembles a human cry filled with loneliness and sorrow. In this poem the call also signifies the nembutsu.

Attached to a reply addressed to Bishop Kogan:9

Shumi no mine takashi hikishi no kumo kiete tsuki no hikari ya sora no tsuchikure On Sumeru's peak, the soaring clouds, lowlying mists, all disappear:
the very light of the moon is a parcel of earth in the vast empty sky.

onozukara ai-au toki mo wakarete mo hitori wa itsu mo hitori narikeri

When, in the way of things, we meet or we part,

each person invariably remains one alone.

hisakata no
sora ni wa sora no
iro mo nashi
tsuki koso tsuki no
hikari narikere

In all the heavens
there's no hue
of the empty sky:
But the moon
is indeed
the light of the moon.

kaku shitsutsu nohara no kusa no kaze no ma ni iku tabi tsuyu o musubi kinuran Thus and again
between windsweep
and the rushing wind
over grass of the heath:
How many times now gathered into form,
down to
this bead of dew?

⁹ Perhaps the letter translated in "The Record of Ippen: Letters," pp. 60-61; *Hijiri-e* 6, however, simply gives this poem as "a reply to someone who asked about the teaching."

While snowbound at a place called Osaka:

tsumaba tsume tomaramu toshi mo furu yuki ni kie nokoru beki waga mi naraneba

as it pleases—
snowfall through the years
of unstaying time:
Nothing of myself
need remain when it's gone.

While he was spreading the teaching at Amagasaki in Settsu province, the lay-priest Tsuchimikado, former Minister of the Imperial household, sent a verse: "From the long night's/ sleep I have already/ wakened:/ Now a single call/ of the six-syllable Name is heard." In response:

nagaki yo mo yume mo ato nashi roku no ji o nanoru bakari zo ima no hitokoe Of the long night and its dream there is no trace:
Only the Name declaring itself—this solitary voicing now.

At Homanji, he had a Zen interview with Hotto Kokushi of Yura.¹⁰ Hotto posed the words, "The arising of a thought-instant is enlightenment," and Ippen responded:

tonaureba
hotoke mo ware mo
nakarikeri
namu-amida-butsu
no koe bakari shite

Say the Name and there is neither Buddha nor self: There is only the voicing of Namu-amida-butsu.

¹⁰ Hotto 法证 Kokushi (teacher to the nation), also known as Shinchi Kakushin 心地党心 (1207–1298), was an important Zen master with close associations with Mount Kōya and with the wandering monks (hijiri) of the day. The words posed by Hotto appear in Mumonkan, the koan collection by Wu-men Hui-k'ai (Mumon Ekai), from whom Hotto himself received the Zen transmission.

When Hotto heard this verse, he pronounced it "Not yet thoroughgoing," so Ippen composed a second verse. With this, Hotto gave Ippen a hand-kerchief and a medicine basket as signs of recognition of his attainment (inka).

tonaureba hotoke mo ware mo nakarikeri namu-amida-butsu namu-amida-butsu Say the Name and there is neither Buddha nor self: Namu-amida-butsu Namu-amida-butsu.

At a place called Kawabe on Oshima Island, when ill and unable to eat or sleep normally:

omou koto
mina tsuki hatenu
ushi to mishi
yo oba sanagara
aki no hatsu kaze

All thought and attachment are utterly spent:
Through the world I've seen to be filled with sadness, and now still so—the first winds of autumn.

kie yasuki
inochi wa mizu no
Awaji shima
yama no ha nagara
tsuki zo sabishiki

This life easily fading is but froth on the waters, at Awaji Island.
Sinking to the ridge of hills: the solitary moon.

aruji naki
Mida no mi-na ni zo
umarekeru
tonaesutetaru
ato no hitokoe

You are born
in the Name of Amida
said without sayer:
in the solitary voicing—
all that remains
of pronouncing and letting go.

na ni kanau kokoro wa nishi ni utsusemi no monuke hatetaru koe zo suzushiki The heart in accord with the Name has passed into the West—

Escaped from the cast-off cicada's shell:

How cool and fresh the call!

At Kannon-do in Hyogo, when the end was approaching:

Amida Butsu wa mayoi satori no michi taete tada na ni kanau iki-botoke nari In Amida Buddha, the paths of illusion and enlightenment all fade away: Just accord with his Name, and he is a living, breathing Buddha.

Ippen, when young, received the following poem in a dream:11

yo o watari somete takane no sora no kumo tayuru wa moto no kokoro narikeri As I embarked on life in the world, clouds filling the sky about the peaks suddenly broke:

and the mind was pure, as from the first.

According to Hijiri-e I, this verse came to Ippen shortly after the incident in which, on seeing a top that is spun in the air fall to the ground and lie still, he "realized for the first time the nature of birth-and-death and grasped the essence of the Buddha's teaching." See "The Record of Ippen: Letters," p. 51.